

2013 Girl Scout Camp



Overnight Camp Parent Information Packet



Girl Scouts of Rhode Island
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Warwick, RI 02886
401-331-4500
800-331-0149
Fax: 401-421-2937
E-Mail: info@gsri.org
www.gsri.org



Camp Hoffman - Overnight Camp

WELCOME!

We are happy to welcome you and your camper to Camp Hoffman. We are excited about this summer, and we hope you are too!

There are several important papers you may need to complete:

- Immunization Form**
- Permission Forms for out-of-camp trips (if necessary). **
Additional permission forms may be required at check-in.

**Starred forms must be returned to GSRI at least 2 weeks prior to your camper's session start date. GSRI reserves the right to cancel the registration if you fail to return these forms, along with final payment.

MISSION & PROGRAM - The Girl Scout program offered at Camp Hoffman is unique in many ways. Girls work in cooperative groups, according to their program choice. With the help of their counselors, girls plan their own activities within a framework, which ensures a well-balanced and fun experience. It is our belief that by allowing girls to make decisions and involving them in the planning, our program is far more creative and memorable.

AMERICAN CAMP ASSOCIATION - The American Camp Association is the only independent accrediting organization reviewing camp operations in the United States. ACA's nationally-recognized standards program focuses primarily on the program quality, health and safety aspects of a camp's operation. Camp Hoffman is proud to be accredited by the American Camp Association. Camp Hoffman has voluntarily submitted to this independent appraisal and has earned this mark of distinction.



CAMP OPEN HOUSE

Camp Hoffman's open house will be Sunday, June 2, 2013 from 2:00-4:00PM. Please come by to meet some staff members and take a tour!

WHAT NOT TO BRING

Illegal drugs including alcohol and cigarettes are not allowed. Immediate dismissal from camp will result.

TRANSPORTATION

Girls in special programs (i.e. horseback riding, etc.) may be transported via bus or council vehicle. Safety Guidelines can be found on the National Safety Council website:
http://www.nsc.org/news_resources/Resources/Documents/School_Bus_Safety_Rules.pdf

OVERNIGHT CAMP RECOMMENDED EQUIPMENT

The following list of personal equipment is given as a guide to parents and campers. Equipment need not be new. Halter-tops and sandals/open-toed shoes are **not** acceptable camp wear. Clothing with offensive graphics is not allowed.

EQUIPMENT NEEDED FOR ALL PROGRAMS

Apparel

- Pants or jeans
- Socks
- Underwear
- Warm jacket
- Bathing suit (one extra for boating/aquatic programs) packed in day pack for swim test 1st day
- "Greenies"- **White shirt(s) and khaki shorts/ pants for dinner meals - daily**
- Lightweight day pack
- 2 pr. sneakers or tie shoes
- Pajamas
- Sweater or sweatshirt
- Shorts
- Shirts
- Raincoat/hat/boots/Poncho
- Hat for sun protection

Bedding

- Sleeping bag and/or
- 2 sheets
- 1 pillow, 2 pillow cases
- Extra sheets or plastic liner for sleeping bag if subject to bedwetting

Miscellaneous Items

- Toothbrush
- Soap and container
- Deodorant
- Face cloth
- Bandana
- Mess Kit (boilable bowl, plate, cup)
- Toothpaste
- Towels (2)-1 packed in day pack
- Insect repellent (non-aerosol)
- Laundry bag
- Dunk bag
- Cutlery kit (knife, fork, spoon)
- Personal hygiene supplies
- Flashlight or battery lantern
- Sunscreen
- Canteen or water bottle
- Extra batteries

ADDITIONAL EQUIPMENT NEEDED FOR SPECIFIC PROGRAMS

All Horse Programs:

The following **must** be worn in stable and when riding:

- Riding boots or hard-soled, sturdy shoes with heels to stabilize foot in stirrup. (No platform soles.)
- Blue jeans, riding pants or tapered, sturdy slacks (no flared-leg pants)
- Work gloves— canvas or leather (optional but encouraged)

Adventure Programs: Rangers

- Hiking boots (broken in)
- Sleeping bag
- Backpack (internal and/or external frame)- limited amount may be available to borrow at camp

Water Programs: All programs involving canoeing, sailing, kayaking, or aquatics

- Extra bathing suit
- Rain suit or poncho
- 2 pr. sneakers (including an old pair that will get wet)

NOTE: Please only bring soft-sided bags or footlockers to camp. The height should measure 14" or less in order to fit under the cot. Please keep in mind: Girls carry their belongings into their tents, so please pack light enough that 1-2 girls can carry their gear!

Please only bring one bag/footlocker as to allow for ample space for all campers. It is also much easier to locate items/luggage that is bright/ light colored and well labeled, so please consider that when packing.

Please label all clothing and equipment with camper's name. Label information can be found online.

Please do not bring food, radios, iPods, pagers, cell phones, electronic games, hair dryers, or any type of weapon. If these items are brought to camp, please expect that they will remain in the camp office until the end of the session. Illegal drugs, including alcohol and tobacco products are not allowed. Immediate dismissal from camp will result.

ABC'S FOR CAMP HOFFMAN

The following information has been compiled in alphabetical order for easy reference. Please read it through so all your questions can be answered.

ADDRESS Camper's Name
Camp Hoffman
Unit (Unit name is found out on arrival)
PO Box 359
West Kingston, RI 02892

ARRIVAL - Registration for most sessions is on Sundays from 1:30-3:00 PM. Girls should plan on arriving at the times listed below.

Last name begins with **A-L** - 1:30 PM Last name begins with **M-Z** - 2:15 PM

Dates of arrival are as follows:

Session 1 - Sunday, June 30	Session 4 - Sunday, July 21
Session 2 - Sunday, July 7	Session 5 - Sunday, July 28
Session 3 - Sunday, July 14	

Please do not arrive early, as the staff will be meeting and making final preparations for the session. Upon arrival, you will be directed to a parking spot and then to the luggage drop-off area. Next you will proceed to a table just past the gate to pick up your Trading Post card and then to Longhouse for check-in. The check-in process includes: signing of any appropriate release forms (Early Pick-up, etc.), depositing money for campers to spend in the Trading Post, a Health Screening for campers (head and foot check), and Health Card check for parents/guardians. The Health Supervisor is present to check in all medications. A parent/guardian must check in all campers.

BADGES - Badge work is not the focus of our camping programs. However, during the course of your camper's stay at camp, several badge requirements may be completed. Each camper may go home with a Camper Activity Record (CAR) that lists the badges she may have worked on, along with the requirements that have been completed. Girls may receive other awards as a positive memory of their time at camp.

CAMP BUDDY - Girls attending Camp Hoffman may request to be placed in the same tent as one friend, providing the following conditions are met:

1. The girls are registered for the same program and session.
2. The girls have each chosen the other as their buddy and indicated this on the registration form.

Every effort will be made to honor camper requests. Requests made other than through the initial registration process, including multiple girls, **cannot** be accommodated.

CARE PACKAGES - Meals at camp are well planned, nutritionally sound, and account for allergies campers may have. Please refrain from sending food packages, because food in tents attracts animals and other girls may be allergic. Any food that is brought in or sent to campers will be held at the office or in the staff cabin in a protected container.

CHECKLIST - The following enclosed items must be returned to the Girl Scout office prior to arrival at camp. If these items are not received at least 2 weeks prior to incoming day, GSRI reserves the right to cancel the registration.

- Immunization Physical Form signed by physician
- Permission Slips (if applicable)

ABC'S FOR CAMP HOFFMAN

DEPARTURE PROCEDURES - TO PICK THE CAMPER UP. Parents/guardians must be listed on the registration form. ON OUTGOING DAY, THE PERSON PICKING UP THE CAMPER WILL BE REQUIRED TO SHOW PHOTO IDENTIFICATION. There are no exceptions to this policy- even parents and guardians must show ID. This is for your child's protection.

DEPARTURE TIME - For information on picking your camper up early, please see the section "EARLY PICK-UP." **9:00 AM Saturday morning** is the pickup time for all campers. Please do not arrive early, as the camp activities continue until 9:00 AM (session 1 is an exception this year). Departure dates for the sessions are as follows:

Session 1 - *Tuesday, July 2– pick up is at 5:00PM*

Session 2 - Saturday, July 13

Session 3 - Saturday, July 20

Session 4 - Saturday, July 27

Session 5 - Saturday, August 3

DIRECTIONS

From the North: Take Rte. 95 south to Exit 9 (Rte. 4). Continue south on Rte. 4 to Exit 5-B (Rte. 102 North-Exeter). Continue on Rte 102 to traffic light at the intersection of Rte 2 & 102. Turn left onto Rte 2 South. Follow Rte. 2 to the traffic light at the intersection of Rte 2 & Rte 138. Turn left at this light onto Rte. 138 East. Continue on Rte. 138 to traffic light at Rte. 110 (Ministerial Road). Turn right at the light and follow approximately 1 mile. Camp entrance is on the right.

From the South: Take Rte. 1 North to Rte. 110 North. Follow for approximately 5 miles. The camp entrance is on the left just past the pond.

From the East: Follow Rte. 138 west through Kingston Village and URI as far as the traffic light at Rte. 110 (Ministerial Road). Turn left at the light onto Rte. 110. Camp entrance is 1 mile down on the right.

From the West: Take Rte. 138 East through West Kingston Village. At the traffic light intersection of Rte. 110 & Rte 138, turn right onto Rte. 110 (Ministerial Road). Camp entrance is 1 mile down on the right.

EARLY PICK UP - If you need to pick your child up at a time other than the normal departure time, you will need to fill out an Early Release form. This can be done on incoming day right at the registration table. ANYONE PICKING A CHILD UP EARLY WILL NEED TO BE LISTED ON THE CAMP REGISTRATION FORM AND SHOW PROPER PHOTO IDENTIFICATION AT TIME OF RELEASE. There are no exceptions to this policy- even parents and guardians must show ID. This is for your child's protection.

EQUIPMENT - A detailed packing list is enclosed. Please remember to pack enough clothes for your camper's camp session. It is helpful to have her pack so that she knows what she is bringing. Everything should be labeled with her name so as to avoid confusion. Don't feel as though you need to buy new clothes for camp. Most of our activities are "hands-on" and may wear on clothing. Please remember to send warm clothes as the nights may get a bit cool. Please pack your camper's swimsuit and towel in a day pack for swim tests the first day.

FOOD - Campers will eat most of their meals in the dining hall; buffet or family-style. Meals are prepared by our certified kitchen staff, whom have had many years of experience in preparing nutritious and tasty camp food. Any allergies or medical conditions that will require a special diet should be noted on the camp registration form. Every effort will be made to accommodate these special diets. On occasion, campers may prepare their own meals and cook out as a group. Trained staff carefully supervise the cookout programs, and campers enjoy the responsibility of cooking their own meals.

ABC'S FOR CAMP HOFFMAN

HEALTH CARE - Our goal is to provide a safe, healthy environment for all campers and staff. Our Health Supervisor oversees all medical concerns. If the need arises, a local physician is available for consultation. In case of emergency, the closest hospital is South County Hospital in Wakefield. If your child does require medical treatment during camp, the Health Supervisor or Camp Director will notify you immediately.

Please notify us at registration of any changes in health status since you completed the health history or if your camper has been exposed to a communicable disease in the last 3 weeks. A child who has recently had a communicable disease must have a physician's release to remain at camp.

Like any other outdoor setting, camp has insects. To protect your camper from mosquitoes, ticks, etc., a non-aerosol insect repellent with less than 20% DEET is recommended. Further preventative steps to follow are to wear a hat and long pants with cuffs tucked in socks when walking in wooded areas. Repellent on camper's clothing may also be useful. Campers should also check themselves daily for ticks.

HEALTH CARD - The health form is part of the camp registration and can be found in the 2013 Summer Camp Guide. The health history portion of the card **is completed and returned with your camp registration form. Camp registration will not be accepted without a complete registration form.** A physical examination by a licensed physician or state-approved nurse practitioner is required within 24 months of camp attendance, providing no serious accident or illness has occurred since the last examination. Up-to-date immunizations are also required. The immunization record and documentation of physical exam with physician's signature **MUST** be in the council office 2 WEEKS PRIOR to start of camp session. This form is located on our website at www.gsri.org

HEALTH SCREENING

Upon arrival, every camper will undergo a Health Screening, which consists of head and foot check. In order to check effectively for head lice, all braids must be taken out, and hair bands, elastics, etc. must be removed. If evidence of head lice is found, we will ask that the child be taken home and treated. She is welcome to return to camp once the treatment has been successful. A foot check will also be performed to check for athlete's foot. If found, this will be treated at camp. Parent/Guardians will also be asked to verify information noted on the health card, and to see the Health Care Supervisor with medications or more specific questions.

INCOMING DAY BAGGAGE INFO - Campers will be dropped off by parents/ guardians in the main meadow. Baggage will not arrive in the units until all girls have checked in and incoming is over. Please pack your camper's swimsuit and towel in a day pack for swim tests.

INCOMING DAY PARENT/GUARDIAN MEETING - After you have accompanied your camper to the drop off point you are invited to meet the camp director, ask questions, and learn more about the camp season. Meetings are informal and will begin at 2:15 on incoming day on the porch of House By The Side of The Road. Also you may leave or write a note to your camper to be delivered later in the week.

INSURANCE - Girl Scout participant Accident & Sickness Insurance agrees to pay benefits for loss resulting from injuries received or sicknesses contracted while the insured is attending Camp Hoffman and participating in approved and supervised Girl Scout activities. Any prescriptions that your child may need will be billed through your insurance after camp.

LABELS - All camper clothing should be clearly marked with the camper's name.

LAUNDRY - Facilities are not available for campers to wash laundry. Please pack enough clothing to last the entire session. Bedding of campers with special circumstances will be laundered in the camp washing machine. Please alert the staff if you think this will be an issue for your camper.

LOST AND FOUND - Personal property of campers will be kept only until August 24th. Inquiries about lost and found may be made to the camp office before August 11 (401-783-2367) or to council (401-331-4500 ext. 1419). We will do our best to inform campers of found items that are labeled. GSRI is not responsible for any lost and misplaced items.

MAIL - Please write cheerful notes frequently, particularly at the beginning of the session. We recommend that you write cards or letters and leave them in our mailbox on incoming day. Campers receive mail once a day and it is very helpful to get a friendly note from home. The mailing address can be found under ADDRESS.

ABC'S FOR CAMP HOFFMAN

MEDICATION - Please bring only prescription medication to camp. It must be in its original container, labeled with the camper's name, physician's name and *correct* dosage.

QUESTIONS - Registration, payment, or health form please contact Gert Shea, Camp Hoffman Registrar, at gshea@gsri.org, or 401-331-4500 or 800-331-0149, ext 1204.

All other questions, please contact Charlotte Markey, Outdoor Specialist, at cmarkey@gsri.org or at 401-331-4500 or 800-331-0149, ext. 1419 .

SPECIAL PROGRAM INFORMATION - Permission slips will be sent to you if girls are registered for horse and some adventure programs. Please double-check packing list for your program.

STAFF - Camp Hoffman is staffed by qualified, dedicated individuals who are committed to helping your camper have a wonderful camp experience. The staff come from all over the United States as well as many other countries. All staff undergo an extensive pre-camp orientation period designed to give them the tools necessary to make the camp experience a positive one for every girl. A team of 3-5 unit counselors staffs every unit.

TELEPHONE - The camp telephone number is 401-783-2367. It is a camp policy that campers cannot place or receive telephone calls. Please do not promise your camper that she may call home, as this is not possible. However, emergency messages will be delivered. A member of the staff is available to answer the camp phone from 9:00 AM to 5:00 PM while camp is in session. There is also a voice mail system, which is checked regularly. You may be assured that a camp staff member will notify you directly if your camper is having trouble adjusting to camp. Campers are not allowed to bring personal cell phones to camp.

TRADING POST - The camp store is open during outgoing days for the purchase of items such as camp T-shirts, sweatshirts, visors/hats, blankets, stamps, and stationery. Campers will have the opportunity to visit the camp store at least once during their session. On incoming day, parents/guardians may deposit money into a special Trading Post account. Any money deposited into the Trading Post account that is not spent and above \$5.00 will be refunded on outgoing day. Amounts under \$5.00 will be used for improvements to the camp. Due to scheduling limitations campers during the 3-day programs will only have access to the trading post during check-in and check-out.

VISITORS - Visitors are welcome to tour the camp on incoming and outgoing days. There are NO visiting days during the sessions.

UNIT PLACEMENT - The most frequently asked question is "Where will I live?" Unit placements are finalized only a day or two before the session begins and determined by total camp enrollment and numbers in each particular program. You will find out this information upon arrival. All girls live in platform tents that sleep 6. Cots and mattresses are provided. Staff members live in cabins adjacent to the tents in order to give both staff and campers privacy and allow girls to work together and learn cooperative living skills.

